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## Welcome to MusictoMind, our exciting new community activity with MUSIC and SINGING for people living with dementia and their relatives.

Research has shown that music can have a very positive effect on those living with dementia. With the assistance of professional musicians and singers, we aim to help people relive and revive their past memories and current passion for music and invite you to come and join us make music with us!

### Register now to be part of an unforgettable musical experience!

#### THE EXPERIENCE:

- During each session we will be singing and playing different pieces of music.
- Attendees will be playing their musical instruments and singing popular favourite songs they will recollect.
- Lots of fun in a supportive and safe environment.

#### REQUIREMENTS

To be part of this group, one is required to:

- be living with dementia.
- be accompanied by a relative or a carer.
- have a good ear for music and singing – having a previous background in either or in both, is important.
- bring their own instruments.
- become a member of the Malta Dementia Society – for more information, please call us on 99451625 or send an email to [info@maltadementiasociety.org.mt](mailto:info@maltadementiasociety.org.mt)

THE SESSIONS ARE FREE OF CHARGE BUT DONATIONS ARE ALWAYS WELCOME.

#### DATE, TIME AND VENUE

- The first sessions are on 28th October, 11th and 25th November 2024.
- Doors open at 4.45 pm – please note that sessions will start at 5.00 pm sharp.
- Duration of each session is 1 hour and 15 minutes.
- Sessions will be held at the Sgħajtar Pastoral Centre, Triq il-Langas, Mosta (Easy access via ramp).

#### SOUNDS LIKE MUSIC TO YOUR EARS?

We would love to see you and hear your musical talents and more importantly, see the beaming smiles on everyone attending. Together we can help make a difference to theirs and your lives!

#### REGISTRATION

To register your interest in attending these events, please download and print the form below, complete information for both persons and send a copy via email to [info@maltadementiasociety.org.mt](mailto:info@maltadementiasociety.org.mt)

For more information about the Malta Dementia Society please visit our website [www.maltadementiasociety.org.mt](http://www.maltadementiasociety.org.mt)



**BOOKING FORM 1** (for persons living with dementia)

<b>Name:</b> (block capitals please)		
<b>Surname:</b> (block capitals please)		
<b>Date of Birth:</b>	D	M
<b>Contact Details:</b>		
Mobile:	Telephone:	Email:
<b>What is your previous performance in music?</b>	vocal <input type="checkbox"/> / instrumental <input type="checkbox"/> / both <input type="checkbox"/>	
<b>What is your preferred genre of music?</b>	classical <input type="checkbox"/> / contemporary <input type="checkbox"/> / both <input type="checkbox"/>	
<b>What are your levels of musical skills?</b>	amateur <input type="checkbox"/> / professional <input type="checkbox"/>	
<b>If you are a singer, please describe your type of performance:</b>	soloist <input type="checkbox"/> / choir/band <input type="checkbox"/> / both <input type="checkbox"/>	
<b>If you are a musician, please describe your type of performance:</b>	soloist <input type="checkbox"/> / orchestral/band <input type="checkbox"/> / both <input type="checkbox"/>	

**BOOKING FORM 2** (for relatives or carers)

<b>Name:</b> (block capitals please)		
<b>Surname:</b> (block capitals please)		
<b>Date of Birth:</b>	D	M
<b>Contact Details:</b>		
Mobile:	Telephone:	Email:
<b>What is your previous performance in music?</b>	vocal <input type="checkbox"/> / instrumental <input type="checkbox"/> / both <input type="checkbox"/>	
<b>What is your preferred genre of music?</b>	classical <input type="checkbox"/> / contemporary <input type="checkbox"/> / both <input type="checkbox"/>	
<b>What are your levels of musical skills?</b>	amateur <input type="checkbox"/> / professional <input type="checkbox"/>	
<b>If you are a singer, please describe your type of performance:</b>	soloist <input type="checkbox"/> / choir/band <input type="checkbox"/> / both <input type="checkbox"/>	
<b>If you are a musician, please describe your type of performance:</b>	soloist <input type="checkbox"/> / orchestral/band <input type="checkbox"/> / both <input type="checkbox"/>	
<b>Date:</b>	<b>Signature:</b>	
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Please send your complete booking form via email to [info@maltadementiasociety.org.mt](mailto:info@maltadementiasociety.org.mt) or call 99451625 by Friday 19th October 2024.