MALTA DEMENTIA SOCIETY

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MALTA DEMENTIA SOCIETY

The Malta Dementia Society is a non-governmental and a not-for-profit organisation for persons with dementia, their carers, families, and friends. The society brings together healthcare professionals and interested persons to improve the knowledge about dementia and to increase public awareness of the condition.

The Malta Dementia Society was established in September 2004 on the occasion of World Alzheimer's Day™ (Alzheimer's disease International — www.alz.co.uk), an event that is celebrated worldwide.

AIMS

The society promotes the best methods of care, education, and treatment for persons with dementia and related disorders throughout the Maltese Islands and elsewhere. This is achieved by providing literature to disseminate knowledge about dementia to patients, carers, and the public in general. The society organises courses, lectures and conferences in the various areas relating to dementia. The society encourages the training of personnel who provide services for persons with dementia, attendance at conferences and research. Through its work, the society helps establish good relations with the general public and other providers of services to persons with dementia and influences policy making. The Society also organises outings and get-togethers for persons with dementia and their carers, whether family carers or professional ones.

The Society set up 'Reaching Hands' to support all relatives with dementia. It is a Support group specifically designed to help relatives through their troubles. The Society also set up 'DancingtoDementia' which is dance therapy aimed at helping relatives bond more closely with the person with dementia. It's also a very helpful way of aiding physical balance, stress, and the feeling of isolation.

MALTA DEMENTIA SOCIETY

Il-Malta Dementia Society hija għaqda mhux governattiva għal persuni bid-dimensja, għal dawk li jieħdu ħsiebhom, għal qrabathom u ħbieb. L-għaqda tiġbor flimkien professjonisti mill-qasam tas-Saħħa u persuni oħra interessati li jxerrdu tagħrif dwar din il-kundizzjoni.

Il-Malta Dementia Society twaqqfet f'Settembru ta' l-2004 fl-okkażjoni tal-World Alzheimer's Day™ (Alzheimer's Disease International – www. alz.co.uk), avveniment li jiġi ċċelebrat madwar id-dinja kollha.

GĦANIJIET

L-għaqda tippromwovi l-aħjar mezzi ta' kura, trattament u edukazzjoni dwar id-dimensja u kundizzjonijiet relatati fil-gżejjer Maltin u bnadi oħra. Dan tagħmlu billi twassal informazzjoni bil-miktub biex tkattar it-tagħlim fuq id-dimensja lill-persuni affetwati, lil min jieħu ħsiebhom u lill-membri tal-pubbliku. L-għaqda torganiżża korsijiet, taħdidiet u konferenzi f'oqsma differenti tad-dimensja. L-għaqda tħeġġeġ it-taħriġ ta' ħaddiema li jagħtu servizzi lill-persuni bid-dimensja, kif ukoll attendenza f'konferenzi relatati u riċerka dwar is-suġġett. Fil-ħidma tagħha, l-għaqda tgħin biex jissaħħu r-relazzjonijiet mal-pubbliku u ma' min jipprovdi servizzi għal persuni bid-dimensja. L-għaqda tara li jitħarsu d-drittijiet tal-persuni bid-dimensja meta jittieħdu deċiżjonijiet pubbliċi. L-għaqda torganiżża ħarġiet u laqgħat ghal persuni bid-dimensja u għal dawk li jieħdu ħsiebhom, sew jekk familja u sew jekk professjonisti. Is-Soċjeta' tmexxi wkoll grupp ta' għajnuna, 'Reaching Hands, bil-għan li toffri support lill-qraba ta' persuni bid-dimensja. Fost numru ta' attivitajiet, is-Soċjeta' torganizza terapija bl-iżfin, 'DancingtoDementia', bl-għan li tippreserva il-bilanċ fiziku, tnaqqas l-istress u l-iżolament filwaqt li tkompli ssaħħaħ ir-relazzjoni bejn il-persuna bid-dimensja u min jieħu ħsiebha.

Doing to and being with

WHAT IS DEMENTIA?

Dementia is a term used to describe a group of brain diseases which result in the progressive impairment of brain function. Symptoms may include loss of memory, confusion, language difficulties, difficulties performing routine tasks and personality or mood changes.

Alzheimer's disease is the most common cause of dementia and accounts for 60% of cases.

The disease progressively destroys nerve cells disrupting the transmitters that carry messages in the brain. Vascular Dementia and Lewy Body Disease are two other common causes accounting for some 15-20% each.

There is currently no cure for dementia. As the disease progresses, those affected are unable to care for themselves and will require assistance in activities of daily life. Drug treatments are now available to treat some of the symptoms of Alzheimer's disease.

Much can be done to help the person with dementia to enjoy and get the most of their life. Carers and relatives of persons with dementia need to be well informed about the condition and helped to learn new skills to be able to succeed in their important mission.

PLEASE READ THIS DISCLAIMER

Information contained in the leaflet should not be considered medical guidance or professional advice. Direct any specific questions concerning personal health to appropriate medical and other qualified healthcare professionals.

Doing to and being with

X'INHI D-DIMENSJA?

Dimensja hija kelma li tintuża għall-grupp ta' kundizzjonijiet li jwasslu għal nuqqas ta' funzjoni tal-moħħ. Is-sintomi jistgħu jinkludu nuqqas ta' memorja, taħwid, problemi fil-lingwaġġ, diffikultà fit-twettieq ta' l-attivitajiet ta' kuljum, jew bidliet fil-personalità jew ħsieb.

Il-marda ta' l-Alzheimer hija l-iktar kawża komuni u tikkaġuna madwar 60% tal-każi kollha tad-dimensja.

Il-marda teqred iċ-ċelloli tal-moħħ ftit ftit u tfixkel il-kommunikazzjoni minn parti tal-moħħ għall-oħra. Il-Vascular Dementia u l-Lewy Body Disease huma żewġ kawżi oħra li jwasslu għal 15-20% kull waħda tal-każi kollha tad-dimensja.

Fil-preżent m'hawnx fejqan għad-dimensja. Waqt li l-marda tavvanza, il-persuna tibda ssibha aktar bi tqila biex tieħu ħsieb tagħha nfisha u jkollha bżonn l-għajnuna biex taqdi l-bżonnijiet ta' kuljum. Hemm xi mediċini li jistgħu jingħataw biex itaffu s-sintomi.

Però, xorta waħda hemm ħafna x'wieħed jista' jwettaq biex il-persuna bid-dimensja tkompli tgawdi u tieħu l-aktar li tista' mill-ħajja tagħha. Dawk li jieħdu ħsieb dawn il-persuni għandhom ikunu infurmati tajjeb, u mħarrġa biex jitgħallmu l-mezzi meħtiega ħalli jagħqdu l-missjoni tagħhom mill-aħjar li jistgħu.

JEKK JOGĦĠBOK AQRA DIN IĊ-ĊAĦDA

L-informazzjoni li hawn f'dan il-fuljett m'għandiex titqies bħala gwida medika jew parir professjonali. Għal mistoqsijiet fuq is-saħħa personali għandek tieħu parir mingħand it-tabib tiegħek jew professjonisti kkwalifikati oħra.

I WOULD LIKE TO REGISTER AS A MEMBER

Title

First Name

Surname

Address

Postcode

Tel / Mobile

Email

The personal information provided will be used to send information such as newsletters and information about society events. Confidentiality will be respected in accordance with the Data Protection Act.

I WOULD LIKE TO MAKE A DONATION

€**20** ☐ **More** ☐

Please make all cheques payable to:
MALTA DEMENTIA SOCIETY

Signature

Date

Please complete and return to:
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